

Higher Spiritual Regions



The following passages of Soami Ji Maharaj represent His most esoteric teachings and are quoted from His ‘Sar Bachan Poetry’, mostly from a section entitled, ‘Hidayatnama’, which begins: ***“This discourse is meant for those who are desirous of finding the Supreme Being, and who are true seekers and want to know which religion is the highest and which path is the most sure and direct.”***

The reader will discover that Soami Ji Maharaj most often uses analogies to describe these Higher Spiritual Realms, along with the sounds that can be heard in each region. He also tells us they are beyond description and can only be experienced, which ultimately culminate in Radhasoami Dham. For those of us who practice our *Surat Shabd Yoga* daily, they are our future...

First Heavenly Sphere

“Hearken my friend! I tell you a secret. I reveal details of the first heavenly sphere. It is called **Sahas-dal-kanwal** (astral realm). It is the region of Jyoti and Niranjan. This is the region of the creator of the three Loks or worlds and the source of the four Vedas. Know that Brahma, Vishnu and Mahadeo (Shiva) are the sons of Jyoti and Niranjan. The entire phenomenal creation was brought about by these three. They have joined hands in entrapping spirits.”

“Hear the resounding of the bell and be delighted. Then hear the sound of the conch shell and get immersed in its bliss.”

“It’s effulgence will exhilarate your spirit. You will at that stage, witness Niranjan, the lord of the three worlds. Several religions which attained this stage and took the deity hereof to be the lord of all were deceived. Seeing the light and refulgence of this region they felt satisfied. Their progress was stopped.”

Second Heavenly Sphere

“Now proceed to the second region. Behold **Trikuti** (causal realm), the abode of Guru. There abides the Sound of ‘Omkar’, and resounds the thunder of dark and heavy clouds. This is the region of the red morning Sun. Guru reveals Guru’s Name (Shabd form)... Thunder and the sound of the Drum are heard here. Spirit moves onward and opens the door. It enters **Banknal** (crooked tunnel) and gets across... The seed of Karma is burnt; Spirit is raised higher.”

“There are numerous varieties of glories and spectacles at that plane which are difficult to describe... All the time, melodious sounds of ‘Ong, Ong and Hoo Hoo’ and the sounds resembling thunder of clouds reverberate there. On attaining this region, the spirit becomes very happy and purified and

subtle. From here onward, it becomes cognizant of the spiritual regions.”

Third Heavenly Sphere

*“Spirit now proceeds further removing the Third Veil. It hears the sound of the sphere of **Sunn**. This **Daswan Dwar** (tenth opening) has a Brilliant Light... Spirit bathes in Mansarovar, and joins the assembly of Hansas (celestial beings).”*

“Spirits, like beauties, dance at various places. There are pleasing and sweet victuals, all savory and fresh, and sonorous and musical strains can be heard everywhere. All this bliss can be experienced by the spirit only when it reaches there. It cannot be described. At every place, Fountains of Nectar are at play, in other words, Pools of Nectar are overflowing and Streams of Nectar are gushing out. How can one describe the splendor and decoration of this region?”

“There are Platforms of Diamonds, Beds of Emeralds. According to some it is equal to one thousand Kos or two thousand miles and Plants of Jewels, all studded with rubies and precious stones. Bejeweled Fish, swimming in pools there, display their Beauty and Ornamentation and their glitter and sheen attract attention. Beyond this, there are innumerable Palaces of Crystals and mirrors, in which spirit entities reside at their respective spots, as allocated by the Lord. They witness and exhibit ever changing festivities.

In Hindi, they have been described as ‘Hansa Mandlies’. The decoration and embellishment of these regions can be appreciated only by seeing them. The entire creation there is Purely Spiritual. It is free from material constituents. The denizens there are spiritual and free from physical taints. Full particulars of these regions are known only to Saints. It is not meant to describe them in greater detail.”

The Great Void

(CROSSED ONLY BY THE GRACE OF A SANT SAT GURU)

*“It (spirit) reaches the threshold of **Maha-Sunn**, and acquires the secret knowledge thereof. There is a great darkness and labyrinth in Maha-sunn... Four hidden notes are resounding here. Spirit hears many novel tunes.”*

“The depth of this dark region cannot be fathomed... There are four extremely subtle sub-regions there, the secrets whereof have not been revealed by any Saint. There are prison cells for the condemned spirits ejected from the court of the True Supreme Being. Although these spirits are not subjected to any trouble and they perform their functions by their own light, yet, as they do not get Darshan (vision) of the Lord, they are restless. However, there is a way of their remission also.

Whenever Saints happen to pass that way with spirits reclaimed from the lower regions, some of these spirits fortunately get Their Darshan. Such spirits go along with the Saints who very gladly take them to the court of the Lord and get them pardoned.”

Fourth Heavenly Sphere

*“Now prepare for the Fourth Stage, O Spirit! Catch hold of the Shabd (Spiritual Sound) and proceed... Spirit now sees the mountain of **Bhanwar Gupha** and perceives the Shabd ‘**Sohang**’. The Sound of the Flute is resounding there all the time. Spirit beholds a White Resplendent Sun. The region is Beautiful and full of light. Endless Sound is resounding there. There are groups and assemblies of Hansas (celestial beings) and devotees who are frolicking in the vast expanse there.”*

*“There is a Rotating Swing here which is all the time in subtle motion, and the spirits ever swing on it. All around, there are innumerable Spiritual Islands from which the sounds of ‘**Sohang Sohang**’ and ‘**Anáhoo Anáhoo**’ rise all the time.*

Spirit entities playfully and rapturously enjoy these sounds. Other characteristics of this region cannot be reduced to writing, as they can be realized by the spirit only when it reaches there by performing Abhyás (meditation)."

Fifth Heavenly Sphere

"The Fifth Citadel is the Royal Throne. Know that He is the True Lord. Spirit advances and sees an extensive plain, a wonderful city and marvelous squares. There abound Pools of Ambrosia, Moats of Nectar and Golden Palaces. There are Moonlit Squares, Incomparable Islands. Hansas of Exquisite Beauty, and having wonderful forms abide there.

Each denizen of that region has the Light of sixteen suns and moons. Spirit ascends and sees the Nij Dwar, the August Portal. Hansas are the door-keepers there. There are Ansas and Bansas (other type of celestial beings)... The Sahaj Spirit asks the newcomer, 'Say how you came here?' The newcomer replies, 'I met a Saint who disclosed the path to me.' Saying this, the newcomer enters and is thrilled to have Darshan of **Sat Nam-Sat Purush.**"

"There [spirit] rises to view Silver and Golden Streams full of Nectar, and Vast Gardens, each tree thereof being one crore-Yojans in height. Ten million suns and moons hang from them as flowers and fruits. Innumerable spirits and Hansas sing, chatter and play on those trees like birds. The Wondrous Beauty of this region is ineffable. While enjoying it, the spirit enters **Sat Lok** and comes into the presence of Sat Purush.

Now as regards the glory of the person of Sat Purush, each hair of His is so brilliant that ten million suns and moons look pale in comparison... and where are the words to describe the Beauty and Glory of His entire person?... They are all nothing but Refulgence, even to describe them as Oceans of Refulgence does not give even the remotest idea."

Highest Regions of the Saints



“The spirit proceeds to **Alakh Lok** and gets Darshan of Alakh Purush... [and] goes on and attains **Agam Lok**... the forms of Hansas of this region are Amazingly Wondrous and the State of Ecstasy and Bliss that one obtains there passes description.”; “The whole region is Dazzling with the Light of Millions and Billions of Suns and Moons. How should I describe the Infinite Refulgence of that region?”

“Music of Merriment is resounding everywhere, and innumerable Pools of Amrit (nectar) are overflowing there... Where lies the throne of **RADHASOAMI**, Hansas congregate in all majesty. The whole region abounds in Mesmerizing Grandeur.”; “Radhasoami Dham is Boundless, Infinite, Endless and Immeasurable. It is the special resting place of the Saints... all speech and description end here.”

SOAMI JI MAHARAJ

